

## 'TOP TIPS' FOR COMMUNITY MEMBERS

*This document serves as a quick reference to support you with essential tips for engaging with external parties. Whether you're approached for an interview or sharing information, these guidelines will help you navigate the interaction confidently and safely. Remember, your voice is valuable, and these tips ensure it is heard the right way.*

1. **Background research:** Before sharing information, take some time to research the person or organisation approaching you. Understand how the information you share will be used and who the intended audience is.
2. **Interview info:** Ask for additional information about their project in advance, including the format and where/when this will be published.
3. **Community speaker policy:** The [ENS Community Speaker Policy](#) has lots of really useful information for individuals with lived experience!
4. **Question preview:** Before an interview, ask for a preview of the questions. This helps you prepare and identify any potential issues in advance.
5. **Request anonymity:** If you believe sharing certain information, especially personal details, poses a risk, you can ask for it to be kept anonymous.
6. **Right to decline:** You have the right to refuse answering a question – whether it's before the interview begins, during the process, or even afterward if you felt uncomfortable
7. **Recording consent:** You are not obligated to allow audio or video recordings of the interview. If you feel uncomfortable with them, say no
8. **Before publication:** Request to review any quotes, photos or videos they plan to use featuring you before they publish them. This way, you'll be well-informed and can ensure accurate representation in the final publication.
9. **Support networks:** If you need assistance in planning what to say and how to navigate a situation, consider reaching out to networks like ENS, Statefree, and Apatride. They are here to support you!
10. **Post-Publication:** If you see something in the published piece that you are unhappy with, you have the right to request a correction or if that is not resolved to file a complaint.